

Former ER doctor joins Orangeville clinic

Dr. Karen Sandhu has joined the Orangeville Family Medical Centre as a family practitioner. Dr. Sandhu has been a physician with Headwaters Health_Care Centre's Emergency department since 2008.

"I am excited about opening my family practice in Orangeville," Dr. Sandhu said.

"I initially considered opening a practice here during my medical training, when I trained for a few months under Dr. Cole and Dr. Knox, who are two family doctors in Orangeville. I liked the 'small town' atmosphere in a town that was only one hour away from Toronto."

Dr. Sandhu, who lives in Orangeville with her husband, added: "Everyone that I met was very friendly and down-to-earth. After completing my medical training, I started working in the Emergency Department at Headwaters. I loved the collegial atmosphere of the medical staff, and how everyone seemed to be genuinely happy."

"I explored many communities in Ontario while trying to decide where to permanently work."

Thanking the Greater Dufferin Area Physician Search Committee for helping her to find the right location to open her medical practice, she said there were "many reasons why I chose to join Orangeville Family Medical Centre (OFMC)."

"The Centre has a very good reputation for excellent medical care. I appreciate that everyone works in a team setting including allied health professionals. The entire office uses an electronic medical record which is highly efficient. Most importantly, I enjoy working here because of all of the wonderful people who work with me."

Established in 1998, OFMC now has six family physicians committed to excellence in patient-focused, evidence-based medical care, utilizing a team approach. This progressive physician group has created a centre where

Special blood donor clinic next month

Over the next several weeks, Canadian Blood Services is anticipating that hospitals will need more blood for patients than they currently expect to collect. Adding long weekends to the mix only intensifies the problem.

The solution to the problem? More blood donations. And Shelburne residents will have a special opportunity to help out.

The clinic will take place at the Centre Dufferin Recreation Complex on Tuesday, August 25, from 3 to 7:30 p.m.

"The growth in hospital need and long weekends mean we need all eligible donors to step forward," said Marg Gow, Community Development Coordinator.

Canadian Blood Services (CBS) needs to maintain blood and platelet

Doctor program

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provides the physician with services and equipment at no cost, and The Highland Companies provides free accommodation for the locums.

The locum program is a vital tool in recruitment. "No doctor wants to move to a rural area until spending some time here. Now we can offer a 30-day locum at \$1,000 a day (to introduce the physician to the area and the patients)."

Mayor Crewson, more than 10 years ago, obtained the first underserved designation in Dufferin. Orangeville, in league with Caledon and Headwaters Health Care Centre, came on board later.

Shelburne temporarily relaxed its recruitment efforts on the understanding that Orangeville would recruit for medical clinics at Shelburne and Grand Valley as well, on the strength of county funding.

It became active again with the realignment of municipalities for the two areas.

the practice of medicine is enjoyable and supportive of its members and team, fostering an environment that facilitates health not only for patients but also for the professionals, their staff and families.

Dr. Sandhu has already become an integral part of the medical staff, with her recognized combination of diagnostic skills and ability to communicate well with her patients. She has proven to be a team player who is providing excellent medical care to her own patients and to other patients of the centre.

"The team of doctors, nurse practitioners, nurses and administrative staff of OFMC warmly welcome Dr. Sandhu to the team," said Dr. Ken Derksen, OFMC's lead physician.

Dr. Sandhu received her medical degree from Queen's University in 2006 and completed her family medicine residency at the University of Toronto in 2008. She completed her clinical training with Toronto East General Hospital and the South East Toronto Family Health Team in Toronto.

"Dr. Sandhu has been a great addition to Headwaters' Emergency Department," said Dr. Jeff McKinnon, Chief of Staff, Headwaters Health Care Centre.

"Her enthusiasm and rapport with patients is an asset and we are delighted that she has decided to open her family practice in Orangeville."

To build her practice Dr. Sandhu is requesting that patients looking for a family doctor register with Health Care Connect, a program launched by the Ministry of Health and Long-Term Care to help Ontarians without a family health care provider find one.

The program refers people who are without regular care to physicians and nurse practitioners who are accepting new patients in their community. Ontarians without a regular health care provider can register for the Health Care Connect program by calling 1-800-445-1822.

supplies for critically ill patients like trauma or cancer patients and patients who require blood transfusions on a regular basis. With a shelf life of only five days, having enough platelets during a long weekend period is always a challenge.

CBS wants to avoid the low inventory situation of last summer so they are encouraging new and regular donors to make and keep their appointments. Central Ontario Region needs to collect 12,550 units of blood in August and all blood types are needed.

To book your appointment or for eligibility information, please call 1-888-236-6283.



August 5 to 9, 2009 Shelburne, Ontario

August 6, 7:30 pm

April Verch Fiddle and Stepdance Show!
Canadian Open Old Time Fiddle Champion and Canadian Grand Masters Fiddle Champion April Verch and her band take to the stage in Shelburne for a fantastic show featuring Ottawa Valley stepdancing, vocal selections, and numerous styles of fiddling.

August 8, 6:30 pm

Fiddle Championship Finals

The finals will also feature entertainment by several young fiddle and stepdancing groups: CAPE Ceol, Elly Squared, and Triple Explosion and a judges' showcase with Webb Acheson, Doug McNaughton and April Verch. Come and enjoy Canada's top fiddlers waltz, jig, and reel their way to over \$17,000 in prizes!

Event Package (Thurs evening, Fri all day, Sat evening)
Adults: \$40 Children: \$20 (12 Years and Under)

Full information available on our website at
www.shelburnefiddlecontest.on.ca
or by phone at 519-925-8620
or by email at fiddleshelburne@yahoo.ca.

Proudly Presented by the Rotary
Club of Shelburne
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Have You Been to YMCA Camp Pine Crest?

The 100th anniversary of YMCA Camp Pine Crest is quickly approaching, and we want all former campers and staff to be part of the celebration on **June 11-13, 2010.**

To reconnect with Camp Pine Crest, please contact Leanne Morton at leanne.morton@ymcagta.org or 905-943-9622, ext. 319.

We hope to hear from you soon!
www.campinecrestalumni.ca

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