

Avalon nurse an OLTCA award-winner

As part of its 50th anniversary initiative, the

Ontario Long Term Care Association (OLTCA) has announced four recipients of the first-ever Ontario Long Term Care Association Nursing Leadership Awards. The winners were unveiled and recognized at a special presentation and reception sponsored by 3M Healthcare at the Association's Fall Symposium held in Markham.

"Nurses play a unique leadership role in the planning and delivery of care in Ontario's long term care homes," said Christina Bisanz, Chief Executive Officer of OLTCA.

"We felt it was particularly appropriate to recognize our inaugural winners during Long Term Care Week, as each recipient demonstrates a level of care and commitment to their residents that allows aging to truly be living. We thank each of them for the contribution they have made to some of the over 76,000 Ontarians living in long term care."

The Nursing Leadership Awards recognize two Registered Nurses (RN) and two Registered Practical Nurses (RPN) who are nominated by their

OLTCA Member Homes across the province for demonstrating and exemplifying the qualities of nursing leadership.

One of the four winners was Diane Stroop, RPN and Charge Nurse, at the Avalon Retirement Centre, Orangeville, who co-founded the Avalon-Watch to promote health and safety, the Volunteer Auxiliary to fundraise and provide meaningful activities for residents and considers herself very patriotic, wearing red every Friday to honour the veterans, thanking them for the rights and freedoms they

defended.

Long term care homes provide a quality care and living experience to 76,000 aging Ontarians with complex medical needs as part of Ontario's publically funded health-care system.

The OLTCA is celebrating 50 years as the only association representing the full spectrum of Ontario's charitable, not-for-profit, municipal and private operators of over two-thirds of the province's long term care homes that provide care and services to 50,000 residents and employ some 50,000 Ontarians.



KEYNOTE SPEAKER Michael Lewis makes a motivational point to a capacity crowd at Monora Park Pavilion following a luncheon sponsored by Small Business Enterprise Centre Tuesday. His main focus was on finding new prospects and then gaining more business by keeping customers happy. He was followed by a panel of In The Hills publisher Signe Ball, Royal LePage representative Margorie Grime and Bethany Lee.

COMMUNITY CALENDAR
For information on how to include your community event in this calendar, please call 519-941-2230.
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- Has your life been affected by someone else's drinking? If so, Al-Anon or Alateen is for you! Meetings are Mondays at 8pm in room 11 and Wednesday at 10am in room 5 at Westminster United Church at 247 Broadway, Orangeville and Thursday at 7:45pm at Christ Church Anglican, 99 Queen St., Tottenham. For more info call 416-410-3809 or 1-888-425-2666 or <http://al-anon.alateen.on.ca>
- Oct. 30 Storytelling in the Church. The Dufferin Arts Council and DCMA presents the Dufferin Circle of Storytellers. Tickets \$8 in advance, \$10 at the door. Corbetton Church on the Museum grounds. Call 705-435-1881 or 1-877-941-7787 for more info.
- Oct. 30 Open House. Canadian Reformed Church, 55 C-Line 7:30-9:00 pm. Come for an informal tour; a casual evening of general information to see who we are and what we do.
- Oct. 31 Orangeville Legion Halloween Dance downstairs with Jill Phillips. 8:30 pm - 1:00 am. Tickets \$5. Purchase at the Legion Club room.
- Nov. 2 Orangeville Mayors Youth Advisory Committee Monthly Meeting. Come learn more about youth in Orangeville. We are looking for new youth and adult members to help address issues identified in the recent Youth Summit, Town Hall, Council Chambers, 87 Broadway. 519-941-0440 www.town.orangeville.on.ca
- Nov. 2 7:00 pm Council Meeting, Council Chambers, main level, Municipal Building, 87 Broadway.
- Nov. 3 Friends of the Orangeville Public Library, 10 am at the Mill St. Branch. Meet our friends; support our library.
- Nov. 3 10:30 am Accessibility Committee Meeting, Committee Room, lower level, Municipal Building, 87 Broadway.
- Nov. 3 7:00 pm Orangeville Sustainability Action Team Meeting, Committee Room, lower level, Municipal Building, 87 Broadway.
- Nov. 4 3:30 pm Mayor's Seniors Advisory Committee Meeting, Committee Room, lower level, Municipal Building, 87 Broadway.
- Nov. 4 7:00 pm Committee of Adjustment Meeting, Council Chambers, main level, Municipal Building, 87 Broadway.
- Nov. 5 5:30 pm Recreation Committee Meeting, Council Chambers, main level, Municipal Building, 87 Broadway.
- Nov. 5 7:00 pm Mayor's Youth Advisory Committee Meeting, Committee Room, lower level, Municipal Building, 87 Broadway.

Public meeting to launch Mono budget process

Mono council will begin the process of preparing its 2010 budget next Tuesday, Nov. 3, with a public meeting at the Mono Centre Community Centre. The preparations will continue

Family still feels pain

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at the regular council meeting Nov. 10 and the aim is to have the budget finalized by Nov. 24.

While it is official town policy to have annual tax increases held to the current inflation rate, the council has managed to avoid increases over the past three years. Mayor Lorie Haddock says the same target has been set for 2010.

"I don't think it will be much of a strain to keep it at zero," said Mayor Haddock in an interview. "It may require deferring some projects but, because of the times we're in, we should keep it down."

At the moment, the draft budget calls for total general expenditures of slightly over \$10.7 million, about \$2.2 million more than would be spent without a tax increase.

The area where there is a large disparity between the projected 2009 year-end spending and the 2010 draft budget is in capital construction projects. The difference is around \$1.7 million and it's expected that's where the project deferrals and cost-cutting will occur.

Meanwhile, Mono rate-payers may be pleased to find that the projected year-end spending for 2009 is \$8.9 million — almost \$300,000 less than was listed in the final 2009 budget.

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<p>\$13,987</p> <p>2007 MAZDA 6 GS Automatic, power package, ABS. Only 66,629 km. CerProof Stk#U-0796</p>	<p>\$8,987</p> <p>2002 CHEV MALIBU SEDAN 4-Door, Automatic, Certified & E-Tested, 1 Owner Vehicle, Like New Condition. Only 43,065 km. CerProof Stk#U-0867</p>
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NOTICE TO CREDITORS AND OTHERS

All claims against the Estates of Myra Najduk, late of the Township of Mulmur, in the County of Dufferin, who died on the 16th day of March, 2009, and Ostop Stanley Najduk (also known as Ostop Stanley Najduk), late of the Township of Mulmur, in the County of Dufferin, who died on or about the 17th day of March, 2009, must be filed with the undersigned Estate Trustees on or before the 30th day of November, 2009; thereafter, the undersigned will distribute the assets of the said estates having regard only to the claims then filed.

DATED at Orangeville this 20th day of October, 2009.

Joseph Najduk and Roman Najduk, Estate Trustees, by their Solicitors, STUTZ & ASSOCIATES PROFESSIONAL CORPORATION, 269 Broadway Orangeville, Ontario L9W 1K8 Attn: Robert K. Brown 519-941-7500

NOTICE TO CREDITORS AND OTHERS

All claims against the estate of Gregory William James Anderson, late of the Town of Shelburne, in the County of Dufferin, who died on or about the 14th day of February, 2009, must be filed with the undersigned Estate Trustee on or before the 16th day of November, 2009; thereafter, the undersigned will distribute the assets of the said estate having regard only to the claims then filed.

DATED at Orangeville this 7th day of October, 2009.

Derick Donald Anderson, Estate Trustee, by his Solicitors, STUTZ & ASSOCIATES PROFESSIONAL CORPORATION, 269 Broadway Orangeville, Ontario L9W 1K8 Attn: William W. Stutz 519-941-7500

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Dufferin Supporting People With Disabilities

Hi, I'm Rick Hopkins

I have been married for almost twenty years I have two kids, Adrien and Zacharie. I became involved with CLD after responding to an ad for a maternity leave position in HR. Like any new job, there were challenges. Understanding the purpose of CLD was not so much a challenge, rather an education. I was unsure about how to act or respond appropriately to the people CLD supports until I found out by watching others, that being "myself" was the answer! I had the opportunity to greet people on a daily basis and to talk with the people we support, discussing everything from sports to what their plans were for the day or the weekend. You quickly discover that they are very much like us. Everyone has his or her own personality and you learn that there is a huge equality in that - something I didn't realize until I was exposed to the genuine supportive environment at CLD. Nothing changes you more in a positive way. It certainly made an impact on me! I was fortunate to get involved in the music program while I worked at CLD and have been able to continue to contribute in both the "Sing-a-Long" and the Joyful Voices choir. I find it inspiring and even though my contract has ended, I still enjoy returning here as I feel very welcome. It really is a fulfilling place to work. You have to be objective but there is an emotional side and CLD really opened me up to the sensitivity of the human spirit. That spirit is evident because you see so many people coming together for a common goal that simply benefits others. There's a lot of humanity here that you might not see in the "profit" world. When people, rather than money are your measurement for success, the outcome can be much more gratifying - for everyone involved! My fourteen-year old son, Zacharie earned his community hours working as a CLD volunteer this summer. I don't think he was prepared to get as involved as he did, nor was he prepared for the enjoyment he got from it. He had so much to say when he got home. To me, CLD is about people supporting people. Even the people we support in turn support each other. It has a family feel because of that common goal - helping each other and, above all, a common desire to enjoy and get the most out of life. I find that CLD is an ideal organization for modelling what true "support" and "team work" is all about. No ego, no ulterior motives. There is an honest dedication among the staff. You cannot help but feel humbled by that.

For more info & to donate visit: www.buildingdreamstogether.org

To learn more about us visit: www.communitylivingdufferin.ca

Central West LHIN

Better Health Services for Orangeville

When: *Tuesday, November 3, 2009 7:00 p.m. - 9:00 p.m.*
Where: *Monora Park - RR#1*

The **Central West Local Health Integration Network (LHIN)** is mandated by the provincial government to plan a better integrated local health care system.

We will present highlights of the new Integrated Health Service Plan, which outlines plans to improve access to health care services for the next 3 years (2010 - 2013).

We are seeking your feedback.

Visit www.centralwestlhin.on.ca for more information.

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MON-THURS @ 5 PM

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MICHAEL JACKSON'S THIS IS IT (PG) FRI 6:50, 9:50 SAT-SUN 1:00, 3:50, 6:50, 9:50 MON-THURS 5:45, 8:40 NO PASSES

LAW ABIDING CITIZEN (14A) FRI 7:10, 9:55 SAT 1:20, 7:10, 9:55 SUN 1:20, 4:15, 7:10, 9:55 MON-THURS 5:20, 8:00

SAW VI (18A) FRI 6:45, 9:20 SAT 3:40, 6:45, 9:20 SUN 1:15, 3:40, 6:45, 9:20 MON, TUES, THURS 5:15, 8:30 WED 5:10, 8:30

ASTRO BOY (PG) FRI 6:30 SAT-SUN 1:30, 4:00, 6:30 MON-THURS 5:50

ZOMBIELAND (14A) FRI-SUN 9:10 MON-THURS 8:15

PARANORMAL ACTIVITY (14A) FRI 7:20, 10:00 SAT-SUN 1:40, 4:20, 7:20, 10:00 MON, TUES, THURS 6:00, 8:50 WED 5:05, 8:50

WHERE THE WILD THINGS ARE (PG) FRI 7:00, 9:40 SAT-SUN 1:10, 4:10, 7:00, 9:40 MON, TUES, THURS 5:30, 8:10 WED 5:30

COUPLES RETREAT (PG) FRI 6:40, 9:30 SAT-SUN 12:50, 3:30, 6:40, 9:30 MON, TUES, THURS 5:40, 8:20 WED 5:40

ENCORE PRESENTATION OF TOSCA SAT, OCT. 31 @ 1 PM

HILLSONG UNITED, WE'RE ALL IN THIS TOGETHER WED, NOV 4 @ 7 PM

THURS NOV 5
STARS & STROLLERS
1 PM - MICHAEL JACKSON'S THIS IS IT.
WHERE THE WILD THINGS ARE